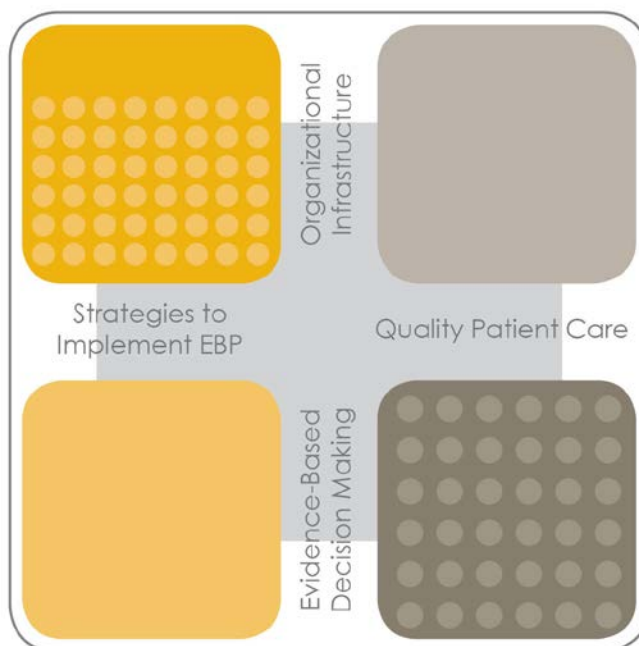


# Advanced Practice Institute:

## Promoting Adoption of Evidence-Based Practice

Virtual Institute

October 7, October 14, and October 21, 2020



**Here's what past participants had to say about the Institute:**

"Awesome – beyond expectations!!"

"It gave me a road map on how to start and how to sustain."

"This conference/institute re-lit the small spark within me."

"It exceeded my expectation. I will encourage others to attend."

"Awesome facilitators – really engaged participants."

# Advanced Practice Institute:

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## Promoting Adoption of Evidence-Based Practice

### INSTITUTE PURPOSE

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The purpose of the Institute is to educate nursing leaders to guide colleagues and teams in the integration of evidence-based knowledge into practice.

### INSTITUTE GOALS

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1. To promote advanced skills of nursing and interprofessional leaders in the use of evidence-based practice models.
2. To develop leadership skills for facilitating completion of clinically relevant evidence-based practice projects.
3. To foster creative thinking, networking, and issue resolution in the evidence-based practice process.

### INSTITUTE OBJECTIVES

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At the completion of the Institute, participants will be able to:

1. Identify strategies for implementation of evidence-based practice changes in complex health care systems.
2. Describe the organizational infrastructure necessary for evidence-based practice.
3. Use an evidence-based practice implementation book with strategies, tools, and resources to promote evidence-based health care.
4. Discuss methods to sustain evidence-based changes in practice.
5. Develop a plan for demonstrating an impact from use of evidence in practice.
6. Describe the evidence-based practice process for use in nursing and health care.
7. Develop a specific evidence-based practice topic.

### INSTITUTE DESCRIPTION

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This Institute is designed to develop the advanced skills necessary for nursing and interprofessional leaders to promote and lead teams in adoption and integration of evidence-based practices.

Developing a scientific base for practice is important for nursing and is a requirement for Magnet Recognition Program® designation and accreditation by regulatory agencies such as The Joint Commission (TJC).

Topics discussed in the Institute include:

- Selecting clinical issues to address through the evidence-based practice process
- Finding and evaluating the evidence
- Implementing and sustaining practice changes
- Evaluating evidence-based changes in practice to demonstrate an impact
- Integrating evidence-based practices into the organizational system or setting

## LEARNING METHODS

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Learning will be facilitated through a combination of group discussion, didactic sharing, facilitated work time, networking and consultation.

## MATERIALS PROVIDED

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Participants of the Institute will receive:

1. Access to a downloadable training manual
2. PowerPoint presentations and supporting documents
3. "Evidence-Based Practice in Action: Comprehensive Strategies, Tools, and Tips from the University of Iowa Hospitals and Clinics"
4. Pre-requisite readings, for example:
  - a. Cullen, L., Hanrahan, K., Tucker, S. J., & Gallagher-Ford L. (2019). Data-driven precision implementation approach. *American Journal of Nursing*, 119(8), 60-63. <https://doi.org/10.1097/01.NAJ.0000577460.00222.32>
  - b. Cullen, L., & Adams, S. (2012). Planning for implementation of evidence-based practice. *Journal of Nursing Administration*, 42(4), 222-230. <https://doi.org/10.1097/NNA.0b013e31824ccd0a>
  - c. Doronina, O., Jones, D., Martello, M., Biron, A., & Lavoie-Tremblay, M. (2017). A systematic review on the effectiveness of interventions to improve hand hygiene compliance of nurses in the hospital setting. *Journal of Nursing Scholarship*, 49(2), 143-152. <https://doi.org/10.1111/jnu.12274>
  - d. Iowa Model Collaborative. (2017). Iowa model of evidence-based practice: Revisions and validation. *Worldviews on Evidence-Based Nursing*, 14(3), 175-182. <https://doi.org/10.1111/wvn.12223>
5. Consultation with a librarian with expertise in evidence-based practice literature searches
6. Research critique background reading (optional)
  - a. Schira, M. (2013). Appraising a Single Research Article. In M. Mateo & M. Foreman (Eds.), *Research for advanced practice nurses: From evidence to practice* (pp. 87-99). Springer Publishing Company.
7. Small group consultations to facilitate project development
8. Up to three one-hour telephone consultations; 1:1 with our faculty for up to 1 year following Institute attendance

## QUALIFICATIONS FOR THE INSTITUTE

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- RN employed in practice at least 50% time
- Minimum BSN degree, master's, or doctoral preparation preferred
- Leadership responsibilities for evidence-based practice
- Participants are required to identify a topic/project to work on during the Institute. If assistance is needed, please contact Laura Cullen, DNP, RN, FAAN at [laura-cullen@uiowa.edu](mailto:laura-cullen@uiowa.edu) prior to the Institute.
- Completion of pre-requisite readings

## Continuing Education

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23.75 Contact hours will be granted by the University of Iowa Health Care, Department of Nursing (Iowa Board of Nursing Approved Provider # 34). Participants must attend the entire program each day to receive full credit.

## REGISTRATION FEE

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The \$1200 registration may be paid [online](#), or by check payable to University of Iowa Health Care, Department of Nursing. Please note for this virtual institute, five participants from the same institution may attend for the price of four participants. Requests to cancel must be received in writing, postmarked on or before **September 1, 2020**. A processing fee of \$100 will be deducted from your refund.

## APPLICATION DEADLINE

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Please complete the application and send via email to Kristen Rempel at [kristen-rempel@uiowa.edu](mailto:kristen-rempel@uiowa.edu) by **September 1, 2020 or contact Kristen for an extension**. *(Please note, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment.)*

## NOTIFICATION OF ACCEPTANCE

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Acceptance letters will be sent by email. We reserve the right to cancel the program if it is not full. In the unlikely event that happens, you will be placed in the next available program or your registration fee fully refunded.

## CORE FACULTY AND CONSULTANTS from University of Iowa Health Care

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**Laura Cullen\***, DNP, RN, FAAN; Evidence-Based Practice Scientist; Nursing Research and Evidence-Based Practice

**Cindy Dawson**, MSN, RN, CORLN; Chief Nurse Executive and Associate Director

**Jennifer DeBerg**, MLS, OT; Clinical Education Librarian; Hardin Library for the Health Sciences, University of Iowa

**Dona Dolezal**, MSN, RN, CPAN, CAPA; Nurse Manager; Ambulatory Surgery Center

**Lorraine Femino**, MSN, RN; Clinical Healthcare Research Specialist/Lecturer

**Casie Fowler**, MSN, RN; Research and EBP Specialist; Nursing Research and Evidence-Based Practice

**Joseph Greiner**, MSN, RN, CPHQ; Nursing Practice Leader; Intensive and Specialty Services

**Kirsten Hanrahan\***, DNP, ARNP, CPNP, FAAN; Director; Nursing Research and Evidence-Based Practice

**Elyse Laures**, MSN, RN; Research and EBP Specialist; Nursing Research and Evidence-Based Practice

**Kristen Rempel\***, Administrative Services Specialist; Nursing Research and Evidence-Based Practice

**Karen Stenger**, MSN, RN, CCRN; Nursing Practice Leader; Intensive and Specialty Services

**Stephanie Stewart**, PhD, RNC; Associate Director; Children's and Women's Services

**Jeff Vande Berg**, MS; Lean Management Engineer

**Michele Wagner**, MSN, RN, CNRN; Nursing Practice Leader; Intensive and Specialty Services

\*Planning committee member

## **NON-DISCRIMINATION STATEMENT**

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If you are a person with a disability who requires reasonable accommodations in order to participate in this program, please contact Nursing Research and Evidence-Based Practice, Department of Nursing Services and Patient Care at (319) 384-9098 to discuss your needs.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), [diversity@uiowa.edu](mailto:diversity@uiowa.edu).

## **CONTACT INFORMATION**

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If you have any questions, please contact Kristen Rempel at [kristen-rempel@uiowa.edu](mailto:kristen-rempel@uiowa.edu) or (319) 384-6737.